

THE GROUP REPRESENTATIVE'S BINDER

Welcome to the Group Representative's binder! This binder was created not only for you, the Group Representative, but also for every group member to reference. It has information about your group, suggested programs for meetings, guidelines for distribution of group funds, group inventory, history of Al-Anon as a whole, District history, District contacts, BC/Yukon Area information, Assembly information and Website resources.

The Service Manual is always your first resource; however, the contents of this binder have been taken from the BC/Yukon and WSO websites, handouts from Area Assemblies and/or AWSCM meetings, and borrowed from other Districts. Some of the material may not be CAL (Conference Approved Literature) even though it came from an Al-Anon service arm trusted servant. You will find many of the binder documents on the BC/Yukon Al-Anon website (www.bcyukon-al-anon.org) Go to Member Log In and log in as **member** with password **Area81**; go to Member Resources/Group and District Resources where you will find much of the GR Binder contents available to download.

Some of the information such as guidelines are updated frequently, and new material is written. Of course, everything included in this binder is only suggested, not prescribed. At any time, please update, remove or add to your group binder anything relevant to Al-Anon or Alateen; and remember, ***"take what you like and leave the rest."***

When your term as Group Representative is over and you move aside, please pass this binder to the next member who steps into the joy of service as Group Representative. My hope is that this simple binder will serve as another tool to make it less intimidating and easier to experience the joy of Al-Anon service.

With gratitude in service,
Nancy MC, Alternate Delegate
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September 2023